



East Pasco KARATE



Children — Teens — Adults — Families

CONFIDENCE

SELF-DEFENSE

DISCIPLINE

COURTESY

FITNESS

Location:

Community Chapel Church of God
5320 First St. Zephyrhills, FL 33542

Day & Time:

Monday 6:00-7:00pm

Cost:

\$40 per month 1st member
\$30 per month 2nd member
\$20 per month 3rd member
4th member FREE!

Ages:

Ages 5 years old to Adult

Contact Us to Set Up Your

FREE Trial Lesson!

(813) 752-9800

www.ChrisWelbonKarate.com

Class Information

Students of all ages and skill levels will enjoy training together in a high energy exciting class. The children experience the balance of fun and discipline, while the adults will get a great full-body workout and practical self-defense training. Classes are taught at your own pace, so no experience is necessary. CWKC is a proud member of the "Christian Karate Association" and incorporates scripture and prayer into every class.



Instructor



Chris Welbon is the owner and head instructor of Chris Welbon Karate Clubs Inc. He began his martial arts training at age 8, and has had the opportunity to train in many different styles of martial arts, including, Shotokan, Tae-Kwon-Do, Judo, Ju-Jitsu and Kenpo. Mr.

Welbon has earned a 1st degree black belt in Tae Kwon-Do, as well as a 3rd degree black belt in Shoto-Kan karate. He began

teaching martial arts for his sensei, Mark Pinner, at age 16, and has continued to train and improve his skills to this present day. Mr. Welbon is a proud member of The Christian Karate Association, and has won many state and national titles as a member of the AAU National Karate Team. He is an ACEP certified coach, a nationally rated



referee, and has over 25 years of experience in martial arts training.

- **FREE Trial Class**
- **No Contracts**
- **Great Family Discounts**
- **Instills Discipline**
- **Improves Confidence**
- **Practical Self-Defense Skills**

