
2009 KARATE-DO LEGENDS TOURNAMENT

This Year's Honoree:

SENSEI JO MIRZA

National AAU Karate Chairman

Saturday, September 26, 2009

The Havert L. Fenn Center

2000 Virginia Avenue * Ft. Pierce, FL 34982

- Event Director(s): Doug Stein (305) 206-1506 Florida Gold AAU Karate Chairman
Dave Roth (772) 563-9333 AAU Region 4 Director
Mark Pinner (813) 989-2692 Florida AAU Karate Chairman
Jesus Costa (305) 819-3389 Karate-Do Legends Committee
Jose Fundora (305) 632-0366 Karate-Do Legends Committee
- Entry Fee(s): Athletes: \$55 For 1 Event * \$10 For Each Additional Event
Coaches: \$10 (FREE with 2009 AAU Karate Florida District Photo Credential)
Spectators: \$ 7 (Pay At Door-Age 6 & Under FREE!)
- Awards: 1st, 2nd & 3rd Places: Custom "Jo Mirza" Medals
(1st Place Medal is 2 ounces of .999 Troy Silver with 24 Kt Gold Plate)
All Others: Participation Medals * Every Athlete will receive an award!
- Registration: On-Line: From Monday, **09/14/2009** - Thursday **09/24/2009** ONLY!!
1. Go to **www.tkaf.com** after 09/01/2009 (You will need your 2010 AAU Card)
• New TKA Users: Select "Create My Page" and follow instructions
• 2009 TKA Users: Log On to your Personal Karate Page
2. From your Page, select this Event to register after 09/14/2009
The 2009 Karate-Do Legends Tournament is Pre-Registration ONLY!

Schedule:

Saturday, 09/26/2009

- | | |
|-----------------------|---|
| 8:00 a.m. - 8:30 a.m. | Referee/Coach/Volunteer Check-In |
| 8:00 a.m. - 9:00 a.m. | Athlete Check-In |
| 8:30 a.m. | Referee/Coach/Volunteer Clinics |
| 9:00 a.m. | Athlete Meeting |
| 9:30 a.m. | Adult/Senior Divisions (Starting With Advanced) |
| 10:00 a.m. | Youth Divisions (Starting With Youngest) |

Host Hotel:

Comfort Suites * Rate \$74.99 * (See attached "Hotel Information" sheet for other options)
6505 Metal Dr. * Ft. Pierce, Florida 34945 * (772) 409-1420 * Reference: LKT
Microwave/ Refrigerator /2 Queen Beds & Queen Sofa Bed in each room!

You MUST be a current 2010 AAU Member to participate in this Event!
After 09/01/2009, go to www.ausports.org and select "Join Now"

(All 2009 AAU Memberships will expire on 08/31/2009 and 2010 AAU Memberships are not available until 09/01/2009)

SATURDAY,
SEPTEMBER 26
2009

KARATE-DO LEGENDS TOURNAMENT

FT. PIERCE,
FLORIDA

Officials/Rules: This event will be officiated under the direction of licensed AAU Referees and Judges applying AAU Karate Rules fairly and impartially with emphasis/modification in the following areas:

- Kobudo: Traditional Okinawan weapons of proper weight and design
Long and Short weapons combined (Bo, Tonfa, Eku, Nunchaku, Sai & Kama)
Paddle Scoring/Charting
- Kata: Traditional Katas from recognized styles of Karate, all styles combined
Paddle Scoring/Charting (Adult Advanced/All Seniors)
Single Elimination Charting (All Other Divisions)
- Kumite: Sanbon Kumite: 2 minutes or 3 points, half and full point scoring
Single Elimination Charting
Safety Equipment:
Mandatory: AAU approved white naugahyde mitts, gum shield, AAU approved white headgear with face-shield (Youth), groin cup (Males)
Optional: AAU approved white headgear with face-shield (Adults), white cloth shin pads (Adults), white cloth shin/instep pads (Youth), chest protector (Females)



WKF Kumite Rules (Red & blue naugahyde mitts are provided)

Single Elimination Charting
1 Division/All Belts Combined
Ages 9-10, 11-12, 13-14, 15-16, 17-18, 19-34, 35+ ONLY

Kobudo Kumite (Padded weapons are provided)

Single Elimination Charting
1 Division/All Belts Combined
Ages 9-10, 11-12, 13-14, 15-16, 17-18, 19-34, 35+ ONLY
Don't worry if you are not familiar with Kobudo Kumite!
Prior to competition, all of the rules will be discussed and the padded weapons are provided! Fun for all skill levels, we encourage you to try this exciting new event!

- Dress Code: Athlete: Clean white traditional uniform with AAU Patch on left chest
No rolled sleeves/cuffs, trademarks, logos, embroidery, piping, or stripes
Athletes should wear correctly colored belts for competition based on the following years of karate training:
Beginner/Novice (Combined): Less than 2 years/White or Green Belt
Intermediate: 2 years but less than 4 years/Brown Belt
Advanced: 4 years or more of Karate Training/Black Belt
Long hair should be neatly gathered with discreet elastic bands (No metal clips)
Finger and toe nails should be short and neatly trimmed
Prohibited: Jewelry/earrings, hats, caps, headbands and sweatbands
- Coach: Red/Blue AAU Coaches Shirt, white uniform pants, athletic shoes
- Referee: AAU Tie, white shirt, gray pants, black belt/socks/shoes (*Blue Blazer optional*)
- Athlete Divisions: Youth: Male, Female, 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
Special Youth Division: Ages 4 & Under (All Belts/Combined) Kata & Kumite
- Adult: Male, Female, Ages 19-34 Combined
- Senior: Male, Female, Ages 35+ Combined

* Divisions may be combined or divided at the discretion of the Event Directors!

* Sanctioned by the Amateur Athletic Union of the U.S. Inc.

Go to www.aaukarate.org and select "Rules" for a complete copy of the AAU Karate Handbook with clarification of all AAU Karate Rules including Uniform/Dress/Equipment requirements!

Hotel Information

Date: 09/26/2009

Event: 2009 Karate-Do Legends Tournament

Did you use Hotel accommodations or this Event? Yes No

If "Yes", please complete the following:

Where did you stay?

Please select one:

Host Hotel:

Comfort Suites

6505 Metal Dr.

Ft. Pierce, FL 34945

(772) 409-1420

Rate: \$74.99 Standard/\$119.00 Studio Suite
(Microwave, Refrigerator, 2 Queen Beds
& Queen Sofa Bed in each room)

Reference: LKT

Name of Reservation: _____
(Last Name, First Name)

Number of Rooms: _____

Number of Room Nights: _____

Approved Hotel:

Hampton Inn & Suites

1985 Reynolds Dr.

Ft. Pierce, FL 34945

(772) 828-4100

Rate: \$89.00 Standard/\$109.00 Studio Suite

Reference: LKT

Name of Reservation: _____
(Last Name, First Name)

Number of Rooms: _____

Number of Room Nights: _____

Approved Hotel:

Best Western

6485 Metal Dr.

Ft. Pierce, FL 34945

(772) 409-1740

Rate: \$79.99 Standard

Reference: LKT

Name of Reservation: _____
(Last Name, First Name)

Number of Rooms: _____

Number of Room Nights: _____

Other Hotel:

(Hotel Name)

(Street)

(City) (State) (Zip)

(Telephone)

Rate: _____

Name of Reservation: _____
(Last Name, First Name)

Number of Rooms: _____

Number of Room Nights: _____

Please print this Form and bring with you to Check-In on 09/26/2009!